



** AKTIV60 GYM PERSONAL TRAINER POLICY **

INTRODUCTION:

At Aktiv60, we prioritize our members' safety, well-being, and satisfaction. To ensure a consistent and high-quality experience within our facilities, we have established the following policy regarding personal trainers who are not employed by Aktiv60 but wish to train members within our gyms.

1. EXTERNAL PERSONAL TRAINERS:

- External personal trainers, those not employed by Aktiv60, are permitted to provide training services to our members within our facility, subject to certain conditions outlined in this policy.
- External personal trainers are welcome to work with their clients at Aktiv60 Gyms. However, they are not allowed to train our gym's members who are not their clients.

2. COMPLIANCE WITH GYM RULES:

External personal trainers must adhere to all Aktiv60 gym rules and regulations. This includes dress code, code of conduct, and safety guidelines. Failure to comply may result in the termination of their training privileges.

3. MEMBER CONSENT:

Members who wish to engage the services of an external personal trainer must do so voluntarily. Aktiv60 will not endorse or recommend any external personal trainers, nor will we be involved in the arrangement or transaction between the trainer and the member.

4. GYM UTILIZATION FEE:

- External personal trainers wishing to conduct training sessions at Aktiv60 must pay a gym utilization fee. This fee helps cover the cost of facility maintenance and usage.
- The gym utilization fee collected from external personal trainers will be allocated to support the maintenance and improvement of our gym facilities, contributing to a better fitness experience for all our members.
- The fee structure can be obtained from our management team.



****5. LIABILITY AND INSURANCE:****

- It is mandatory for all external personal trainers to have their own professional liability insurance in place.
- External personal trainers must provide proof of their liability insurance and certifications relevant to their services. Aktiv60 will not be held liable for any accidents or injuries that occur during sessions with external trainers.
- Aktiv60 will not verify the insurance credentials of external trainers. It is the responsibility of the external trainer to ensure that their insurance coverage is sufficient to protect both themselves and their clients while training at our facility.

****VERIFICATION OF PERSONAL TRAINING CREDENTIALS**:**

Aktiv60 Gym does not verify the personal training credentials of any external personal trainers. It is the responsibility of clients to conduct their own due diligence and ensure that their chosen trainer possesses the necessary insurance, qualifications and certifications.

****6. SCHEDULING AND AVAILABILITY:****

External personal trainers must coordinate training sessions with members directly. Aktiv60 does not manage or schedule external training sessions.

****7. NON-INTERFERENCE:****

External personal trainers are expected to conduct their sessions in a manner that does not interfere with the overall gym experience of our members.

****8. TERMINATION OF PRIVILEGES:****

Aktiv60 reserves the right to revoke external personal trainer privileges if there is a violation of this policy or any behaviour that is detrimental to the gym's environment.

****CONCLUSION:****

Aktiv60 encourages members to achieve their fitness goals with the support of qualified and certified personal trainers. This policy aims to create a structured framework that ensures the safety and satisfaction of our members while accommodating external personal trainers within our facility. We appreciate your cooperation in adhering to these guidelines.

For any questions or further information regarding this policy, please feel free to contact our management team. Thank you for being a part of the Aktiv60 community.



Note: This policy is subject to change, and any updates will be communicated to all relevant parties.

*Effective Date: 01 October 2023

YOUR BOUTIQUE GYM MANAGEMENT PARTNERS
