

## MUSIC POLICY

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### Introduction

Aktiv60 recognizes the importance of music in creating a motivating and enjoyable atmosphere for our members. This music policy outlines the guidelines for music selection and playback within our facility.

### Music Selection

- **Genre and Tempo:** Music will primarily consist of **upbeat and energetic** selections across various genres such as pop, rock, electronic dance music (EDM), and hip-hop. The tempo will generally range from **120 to 150 beats per minute (BPM)** to promote a positive and energetic workout environment.
- **Lyrics:** Explicit lyrics will be **avoided** to maintain a professional and inclusive environment for all members.
- **Variety:** A diverse range of music will be played throughout the day to cater to the preferences of a wide audience.

### Playback

- **Licensing:** Aktiv60 will obtain the necessary **licenses** from performing rights organizations (PROs) to legally play music publicly. This ensures compliance with copyright laws and protects the rights of artists and songwriters.
- **Volume:** Music volume will be maintained at a level that is **audible but not disruptive** to workouts or conversations. Members should be able to hear the music without feeling overwhelmed or unable to communicate effectively unless in the aerobics/spin studios.
- **Source:** Music will be played from a **licensed commercial streaming service**. Personal devices and music players are not permitted for public playback.
- **Personal Devices:** Members are not permitted to connect personal devices to the gym's sound system or play music aloud that disrupts other members.
- **Requests:** Members are welcome to **suggest songs** through an appropriate channel, such as a suggestion box or designated staff member. However, Aktiv60 reserves the right to decline requests that do not comply with this music policy.

### Additional Notes

- This policy is subject to change at the discretion of Aktiv60 management.
- Members who have concerns or suggestions regarding the music selection or playback are encouraged to **communicate them respectfully** to gym staff.

### Review and Updates

This music policy will be reviewed and updated periodically as needed to reflect any changes in music licensing requirements or member preferences.

Thank you for your cooperation in helping Aktiv60 maintain a positive and enjoyable environment for all members! Compliance with this music policy ensures a positive and enjoyable experience for all Aktiv60 members while adhering to legal and ethical considerations.