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# \*\* AKTIV60 GYM MUSIC POLICY \*\*

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## \*\* INTRODUCTION \*\*

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At Aktiv60, we strive to create a welcoming and inclusive environment where members can enjoy their workouts and achieve their fitness goals. Music plays an important role in enhancing the gym experience, but it is crucial that it is done in a manner that respects the diverse preferences and sensibilities of our members. Members are not allowed to operate any of the sound equipment in our facilities. This policy outlines our guidelines regarding the playing of music in the gym.

## \*\* 1. MUSIC VOLUME \*\*

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To ensure a comfortable and enjoyable atmosphere for all members, we maintain a moderate music volume that allows for conversation and concentration. The gym staff will regularly monitor the music volume to ensure it remains at an appropriate level. If you find the music too loud or too soft, please inform the staff, and we will make the necessary adjustments.

## \*\* 2. MUSIC SELECTION \*\*

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We aim to provide a variety of music genres to cater to different tastes. The gym's playlist may include but is not limited to pop, rock, hip-hop, electronic, R&B, and House music. We are committed to avoiding music with explicit lyrics or offensive content. If you have suggestions for specific songs or genres you'd like to hear, please feel free to share your recommendations with our staff.

## \*\* 3. RELIGIOUS BELIEFS AND MUSIC \*\*

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We respect the diversity of religious beliefs among our members. If you have specific concerns or requests regarding the playing of religious music, please inform the gym staff, and we will do our best to accommodate your preferences. We aim to create an environment where all religious backgrounds are respected.

## \*\* 4. MEMBER INPUT \*\*

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We value feedback from our members and encourage you to share your thoughts on the gym's music choices. If you have any concerns, requests, or feedback regarding the music played at Umthunzi Valley Gym, please feel free to speak with our staff or contact us through our official channels.

## \*\* 5. PERSONAL HEADPHONES \*\*

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If you prefer to work out in silence or listen to your own music, you are welcome to use personal headphones. Please keep the volume of your headphones at a level that does not disturb other members. Also, keep in mind the safe use of headphones and that you do not expose yourself to extended hours of loud music.

## **\*\*6. COMPLIANCE\*\***

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Failure to comply with this music policy may result in a warning or, in extreme cases, the suspension or termination of your gym membership. We expect all members to respect the guidelines outlined here and show consideration for their fellow gym-goers.

For any questions or further information regarding this policy, please feel free to contact our management team. Thank you for being a part of the Aktiv60 community.

\*Note: This policy is subject to change, and any updates will be communicated to all relevant parties.\*

\*Effective Date: 01 October 2023

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YOUR BOUTIQUE GYM MANAGEMENT PARTNERS

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